

**CARR WRESTLING ACADEMY SUMMER  
TECHNIQUE CLINIC  
JUNE 20-21, 2014**



**Featuring Zeke Jones**

# Information About the Clinic

The CWA will be holding a summer technique clinic for wrestlers on June 20-21<sup>st</sup>, 2014. This clinic will be held at Imani Family Life Center in Lexington, Kentucky. It is located at 1555 Georgetown Road Lexington, Kentucky. It is conveniently located minutes away from 1-75, Embassy Suites, Holiday Inn and the Marriott. This clinic is open to all ages specifically middle school and high school wrestlers. This clinic will consist of three two hour sessions. All of the sessions on the first day will be conducted by Zeke Jones and on the second day the session will be conducted by Coach Joe Carr Sr. and Joe Carr Jr. These session will include technique, intensive drilling and live wrestling.

## Clinic Schedule

7:30- 7:55 a.m. Registration

Session 1 8:00 a.m.- 10:00 a.m.

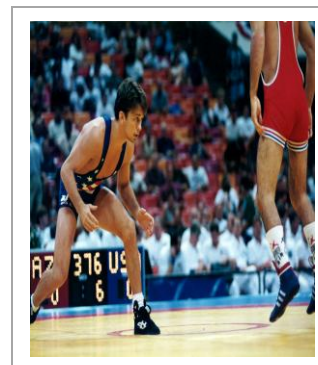
Break

Session 2 10:30 a.m.-12:30 p.m.

Lunch

Session 3 1:30 p.m. -3:30 p.m.

# Featured Clinician



Zeke Jones, one of the best lightweight wrestlers in U.S. history, joined USA Wrestling as its Head Coach of the National Freestyle Program in October 2009. Jones lead the team to the Olympic Games in London in 2012.

Jones is a past World champion, Olympic silver medalist, World bronze medalist, 4X World Cup Champion, and 3X NCAA All-American. Jones, an internationally recognized coach, was selected as the Olympic Freestyle Coach for the 2004 U.S. Olympic Team, which competed in Athens, Greece. The U.S. won three medals in Athens, with a gold by Cael Sanderson and silvers by Stephen Abas and Jamill Kelly.

He has made numerous contributions as the head coach with the Sunkist Kids. Jones has also been the head Coach at Pennsylvania University. Prior to coaching at Penn he served on the coaching staffs at West Virginia, Arizona State, and Bloomsburg University.

## Coach Joe Carr Sr.

**Coach Carr Sr.** comes from a family that is known throughout the country for wrestling. The Carr family is the only family in NCAA history to have five brothers who are All-Americans. Some of Coach Carr's accolades include:

- 3x NCAA All-American,
- silver medalist at the Pam American games
- USA World Team alternate
- 2x USA National Champion,
- Junior World Silver medalist.

Coach Carr Sr. has coached at Woodford County High School for thirty years and has won 13 state championships. He has coached 56 individual state champions which is more than any other KHSAA school. Under Coach Carr's leadership, the WCHS wrestling team championships span from 1972 to the most recent one in 2006 where he coached 5 individual state champions. Coach Carr was also named Coach of the Year.

## Other Clinicians

## Coach Joseph Carr Jr.

Joseph Carr Jr. as an eighth-grader, was the youngest state champion in the history of Kentucky High School wrestling. He finished second at the state finals his freshman year and followed up with three consecutive state titles his sophomore, junior and senior years. Joe graduated from WCHS with a career record of 242 wins and 7 losses. The 242 wins were a national record from 1997-2004, and ranked second in 2008.

Coach Carr Jr. received a full athletic scholarship to West Virginia University. He continued his success while attending West Virginia University where he tied for the university's all time wins by a freshman in all weight classes. In his sophomore year, he won the Eastern Wrestling League championship; was second on the team in wins, and ranked as high as 7th nationally. Carr totaled over 100 career wins at WVU and was a four time NCAA qualifier, two time Eastern Wrestling League champion, and a three time Eastern Wrestling League finalist.

In April of 2008, Coach Carr Jr. was inducted into the Kentucky High School Hall of Fame. He is only the second wrestler in Kentucky High School Athletic Association twenty one year history ever to be inducted.

# Cost

Registration Before June, 2014 is \$120

Registration After May 1, 2014 is \$150

Registration at the Door (if space is available)

Team Discount if 10 or more wrestlers from the same team send in their registrations forms at the same time there will be a \$100 discount off the total amount that is due.

Coaches will be permitted to attend for free (2 coaches per team max)

Wrestlers are responsible for providing their own meals and lodging.

When deposit or full payment is received a confirmation will be sent via email.

Please make check and money orders to Carr Wrestling Academy.

Send Payment to:  
2080 Mercer Rd Suite E  
Lexington, Kentucky 40511

***Limited number of space so please register early!***

## Parent Release

As the parent, guardian and or responsible person for, I, the undersigned, register him/her in the Carr Wrestling Academy Summer Technique Clinic at my own risk and of free will. I understand that wrestling is a full contact sport. I further understand that, although not required a physical examination is strongly recommended. In consideration of registration in the CWA, I hereby waiver any and all claims and rights for damages that I may have or will have, and thereby release CWA, and/or their representatives, successors, and officials, for any or all injuries suffered by the aforementioned child in all activities associated with CWA. And we (or I) agree to indemnify the parties mentioned above for any claim which may hereafter be presented by our (or my) child as a result of any such injury.

I acknowledge that I have had sufficient opportunity to review the details of this form and understand its purpose, meaning, and intent.

\_\_\_\_\_  
Parent/ Guardian's Signature

\_\_\_\_\_  
Date

## Registration Form

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State, Zip Code \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Age/Weight \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Phone No. \_\_\_\_\_

T-Shirt Size Adult S \_\_\_\_\_ Adult M \_\_\_\_\_ Adult L \_\_\_\_\_

Adult XL \_\_\_\_\_

I am enclosing:

\_\_\_\_\_ **Nonrefundable** \$75 Deposit (balance due by May 30, 2014)

\_\_\_\_\_ I am enclosing full payment.

Refunds will be issued if the Carr Wrestling Academy is contacted by May 30<sup>th</sup>. However the deposit is nonrefundable.